



Valerie L. Myers, Ph.D. delivers rigor, refinement, and results! As a behavioral change expert, she translates rigorous research into practical solutions that help you develop people, innovations, and strategies. Valerie, the principal of Myers Management Consulting LLC, is a trusted advisor to executives across industries including healthcare, finance, engineering, arts, non-profit, higher education, and government. She draws upon 20 years of experience as an Organizational Psychologist to design custom learning experiences that inspire reflection, connection, and ethical action. Sessions are infused with powerful examples and tools that help you refine your professional skills. Valerie's portfolio of services includes keynote addresses, retreat facilitation, custom executive education, strategy formulation and problem solving. Valerie's insights are informed by her academic research and facilitating MBA and executive education courses for leaders of Fortune 500 companies, at the University of Michigan's Ross Business School, Dartmouth College, Simmons College, and AVT Institute (Copenhagen). Her consulting is enriched by practical experience in management, marketing, and product development for a global firm. Dr. Valerie Myers earned a dual doctoral degree in Organizational Psychology and Social Policy from the University of Michigan (Ann Arbor).

## TOPICS FOR KEYNOTES, RETREATS, & EXECUTIVE EDUCATION

### **Strategic Curiosity®: A Catalyst for Excellence**

Unleash the power of curiosity, an infinitely renewable resource that can revolutionize leadership skills, deepen relationships, spark innovation, and enhance efficiency. Unfortunately, curiosity has plummeted in recent decades, especially in the United States, and often dwindles in mid to late career -- just when you need it most. But don't worry, Dr. Myers offers solutions. By cultivating Strategic Curiosity® through an engaging and interactive arts-based approach that is grounded in neuroscience and psychology, you can reignite that wonder and achieve your performance goals. The benefits of acquiring these skills will last long after our engagement ends. So, what are you waiting for? <https://www.valeriemyers.org/strategic-curiosity>

### **Healthcare Leadership**

Imagine a healthcare system that prioritizes people over profits and delivers a better return on investments. Is it possible? Dr. Myers says yes. Examples world-wide suggest that we can restore a culture of care in the U.S. by addressing cultural forces that compromise the quality of patient care and worker satisfaction. Dr. Myers offers insights into the origins of these cultural shifts and provides practical steps that leaders can take to advance the healing mission while improving business performance. It's time to prioritize the health and well-being of patients and healthcare workers alike. Let's "do no more harm" and create a healthcare system that works for everyone.

### **Inclusive Leadership**

Inclusive leadership drives social and business progress! Throughout history, business leaders have deployed strategies that leverage the talents of different people, inspire innovation and business growth, and strengthen democracy. However, many of those leaders have been forgotten and we don't see many leaders like them today -- but we can! Dr. Myers invites you into an expansive, interdisciplinary experience that integrates business, history, psychology, and the arts to equip you to lead inclusive growth. Whether you're a formal leader or an informal change agent, you can learn skills to energize the talents of ALL people, so that you can build a better business and society.

### **Calling & Employee Engagement**

Live your calling to the fullest, beyond mere passion and purpose. Today's idea of calling is a self-centered distortion of its true essence. Historically, one's calling focused on 'the work,' its impact on society, and personal growth over time. Individuals, organizations, and society would benefit from people embracing the historic ideal of calling. To do that, Dr. Myers shares valuable insights that help you bring more meaning *to work* rather than seeking merely to derive meaning *from work*. Pursue your calling and experience a remarkable transformation in your life and work. Leaders, discover how you and your organization can foster and ethically benefit from this exceptional level of employee engagement.